

NCW Quilt Guild  
February 2009  
Practical Orchard – block from the late 1800's  
12" finished – 12 1/2" unfinished

As always, my cutting instructions give extra fabric – so you **must** square up each unit as directed in the sewing instructions.

**Cutting:**

Focus button fabric provided: cut four 4 1/2" x 4 1/2" squares (fabric from Yesteryear Quilting)

Dark (or contrasting medium): cut one 5 1/2" x 5 1/2" square and two 5" x 5" squares

Light: cut one 5 1/2" x 5 1/2" square and two 5" x 5" squares, draw diagonal line on each

**Sewing:**

- 1) Make four Half Square Triangle blocks by layering the two light 5" squares on the two 5" dark squares. Sew a scant 1/4" on each side of the diagonal line. Cut on the line and press to the dark. Square all four to 4 1/2" x 4 1/2".



Half Square Triangles

- 2) Layer the 5 1/2" dark and light squares, right sides together. Sew a scant 1/4" on each side of the line. Cut on the diagonal line, press to the dark.
- 3) Draw a diagonal line across one of the units made in Step 2. Layer the two HST – light on dark (dia.1), sew a scant 1/4" from the line (dia.2). Cut on the line. Square one of the QST units to 4 1/2" x 4 1/2", the **center point is at 2 1/4"**. You will only need one QST unit.



Diagram 1



Diagram 2



QuarterSquareTriangle

- 4) Following the block diagram, lay out your 4 1/2" square units. Sew each row together, pressing to the focus fabric. Finish by sewing each row together making a 12 1/2" square block (12" finished).



Practical Orchard – 12 1/2" unfinished