



# *North Central Washington Quilt Guild Newsletter*

No 8

P.O. Box 2715, Wenatchee, WA 98807

November 2013

Greetings from....WENATCHEE!

I'm back and I'm just as surprised as the rest of you. I like my life to be predictable and the last couple years has been anything but predictable. There are however many good things that have come from moving across the country and back. Here are just the ones that have to do with quilting!

I can't think of a better way to get a beautiful "Going Away" quilt, it is a treasure in my work space.

My fabric stash is now colorized, folded, sized, boxed and labeled for easy access.

I have pared down to just the necessities, which still amounts to quite a bit.

I will never have to buy another office supply because I know where they all are. (I also know that every time my husband needed something he just bought a new one, hence we have tape, push pins and dry erase pens coming out our ears. Please notify me if you spot him at the office supply store making unauthorized purchases!)



I am so happy to be back among my friends, family and fellow quilters. One visit to the guild in Bismarck just reconfirmed what a friendly and inspiring group of quilters we have in our quilt guild. I will finish out this year as President and serve next year as Vice President if needed. We would rather that one of you step forward to enjoy this position and opportunity to work along side Michelle Weaver. I have been honored to glean from her in the areas of her expertise and I know you would too.

The best way to understand the workings of the guild is to get involved. Start with any job, attend board meetings and you will come to a greater understanding and empathy for why things are done the way they are. As I always say, I have met and become friends with some of the nicest, hard working, knowledgeable people by serving this guild. Don't miss this chance, we will be looking to fill Chair positions for both the guild and the Quilt Show this month and in November. Please consider where you might fit and join in.

Now I am anxious to be settled and nestle down for some serious piecing of my own. I have to get going on quilts for next year's show! Happy Stitching,

Sincerely,

Jill Therriault  
President NCWQG

The purpose of NCW Quilt Guild is to preserve and continue the traditions, culture and history of quilting; to contribute to the knowledge of and to promote the appreciation of the art of quilt making; to sponsor and support quilting activities by exhibitions, lectures and workshops offered to the general public; to encourage quilt making and collecting.

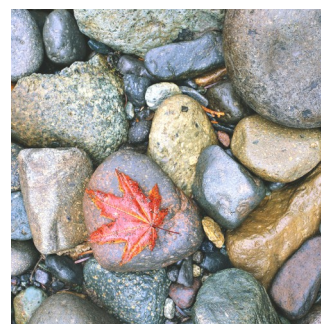
This newsletter is published quarterly by the North Central Washington Quilt Guild, a non-profit organization. Subscription rate: \$25.00 annually. For more information contact NCWQG at P.O. Box 2715, Wenatchee, WA 98807-2715

## 2013 NCWQ Guild Officers

President	Jill Therriault	509-663-9165	jilltherriault@gmail.com
Vice President	Michelle Weaver	509-662-8627	andrew@andrewssewandvac.com
Secretary	Arlene Crumrine	509-470-7706	arlene@crumrine-enterprises.com
Treasurer	Tina Whitley	509-679-6155	tinawhitley04@gmail.com

## 2014 NCWQG Officer Candidates (Slate to be voted on November 20th)

President	Michelle Weaver
Vice-President	<b>OPEN</b>
Treasurer	Linda McMaster
Co-Treasurer	Debbie Anderson
Secretary	Arlene Crumrine
Quilt Show Chair	Joni Cartwright
Quilt Show Co-Chair	Lenora Branstetter



## 2013 NCWQG Committee Chairs

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<b>BOM</b>	Arlene Crumrine	509-470-7706	arlene@crumrine-enterprises.com
<b>Comfort Quilts</b>	Debra Egan	509-886-2627	dagbe548@hotmail.com
<b>Co-Chair</b>	Kathy Keagle	253-468-4062	rughooker1@charter.net
<b>Historian</b>	Ann Beckman	509-667-8228	bbab@genext.net
<b>Hospitality</b>	Angie Sherwood	509-886-1040	angeldawn65@gmail.com
	Irena Johnson	509-667-1843	johnson_irena@yahoo.com
	Lois Tate	509-782-2492	LKTate61@gmail.com
<b>Librarian</b>	Sharon Paine	509-663-4006	paine.s@applecapital.net
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<b>Newsletter Editor</b>	Kathy Baker	509-548-6051	eaglecreekgang@gmail.com
<b>Parliamentarian</b>	Lesley Allan	509-663-3743	lesleya@nwi.net
<b>Programs</b>	Linda Reisterer	509-663-1047	lreister@charter.net
<b>Quilt Show</b>	Louise Brown	509-663-1964	catlou@nwi.net
<b>Co-Chair</b>	Joni Cartwright	360-320-8949	sundownquilter@gmail.com
<b>Retreats</b>	Lenora Branstetter	509-885-9132	lenora.branstetter@gmail.com
<b>Co-Chair</b>	Jan Hashberger	509-886-3829	jlrlhash@yahoo.com
<b>Round Robins</b>	Ann Koch	509-668-2485	bakoch@frontier.com
<b>Sunshine</b>	Dianne Gillin	509-664-5295	diannegillin@gmail.com
<b>Website</b>	Patty Stith	509-884-8819	stitchingaway@gmx.com
<b>Workshops</b>	Ann Dent	509-670-3293	qltnut@aol.com

These are the open positions for 2014:

### **Hospitality, Programs, Workshops**

As a Guild we expect all members to participate in the ongoing planning and operations of the organization. Please consider volunteering in these positions.



### **Needed: One Program Chairperson!**

**Qualifications -**

- Willing to serve
- Friends who might help you
- Friends or acquaintances who might do programs
- Ability to influence your friends
- A little imagination
- Ability to delegate

Contact **Jill Therriault (509-670-5318)** or **Michelle Weaver (509-264-4125)** with questions, suggestions, or to volunteer yourself or your friends!!

Following is a list of Programs for 2013, Highlighted programs can be repeated. There are a lot of talented, willing people in the guild to draw from, so this is a fun and rewarding position.

Thanks for your consideration.

Jill & Michelle

**January: Quilt Show slide show**

February: "Beyond Stitch In the Ditch: Quilting On Your Home Machine"

March: "Color Gets the Credit, But Value Does the Work; Choosing Fabrics For Your Quilt"

April: "Top 20 Tips and Secrets for Outstanding Quilts"

May: "Applique Your Way"

June: "Color A Quilt"

**July: Boutique organization for quilt show**

**August: Guest Quilter "Getting to Know Barbara Vincent"**

September: "Embellish It!"

**October: Sew night for comfort quilts**

November: Cookie Exchange and "Family Memories and Heirlooms in Quilts and Art"

The November program will be a "Family Memories and Heirlooms in Quilts and Art." Doni Palmgren, Jill Therriault, Linda Riesterer, and Pat Koehler will be sharing some of their work. There will also be a homemade cookie/candy exchange. Those who choose to participate bring a plastic wrap covered paper plate with a dozen goodies and exchange for someone else's holiday favorite treat. If you bring more than one plate, you take home as many as you brought. **Wednesday November 20th 6:00 Social, Masonic Center**



Music Theatre of Wenatchee presents the Quiltmaker's Gift, a delightful musical for very old children and very young adults. (Based on the well known book of the same title).

Show dates and times are: December 12, 13, 14, & 19, 20, 21 at 7:30 pm  
December 14, 15, & 21 at 2 pm matinee

Tickets are \$12 Adult and \$7 Children under 12  
Available at PAC Box Office or 663-ARTS

[pacwen.org](http://pacwen.org) or [mtow.org](http://mtow.org)

Showing at the Riverside Playhouse – 233 B N. Wenatchee Ave.



Harvest  
Of  
Quilts  
2013

Quilt Show CD's now available \$7.00  
contact : Lenora Branstetter 509-885-9132

Save The Date!  
Retreats 2014:  
Sun Mountain, Twisp  
May 16, 17, 18, 2014  
\$15.00

Campbell's, Chelan  
Nov. 7, 8, 9, 2014  
\$30.00

Contact Lenora or Jan Hashberger

Get Well and Sympathy  
cards were sent to:

Maxine Roles  
Pat Harrington  
Marian Gillin  
Doni Palmgren

Marian Gillin sends a  
"Thank You" to all the  
Guild Members for their warm  
concerns and condolences  
over the passing of  
her husband Dean.



**Retreat at  
Campbell's  
Nov 8,9,10, 2013  
See our website  
for packing list  
and Rules  
[www.ncwquilt.org](http://www.ncwquilt.org)**



## *"Elements of 30" Theme- \$4.00*

*The Challenge is on! 2014 will be the NCW Quilt Guild's 30th Anniversary. In the spirit of honoring the Guild, we have 2 colors of Pearlessence fabric for the 2014 Harvest of Quilts Challenge. Each has a design with a pearly shimmering effect- pearl being the traditional gift for a 30th Anniversary. The challenge is open- anything you like: applique, embroidery, piecing, beading, etc. But, in your description you must explain what your "30" is. It could be 30 blocks, 30 flower petals, 30 pieces of fabric, etc. Just explain it! Let's have fun! Pick up your kit at the next Guild meeting.*



[During the September Guild program Jan Davies showed us wonderful thread work she was using in her quilting. I asked her to explain one of the techniques for "Moss".]

The Technique is called the **Moss stitch**. You can find the instructions for this and a lot of other embellishing in the book "Threads, the Basics and Beyond" by Debbie Bates and Liz Kettle.

Moss Stitch instructions: Set your machine to free motion with the dog feeds down. Loosen the bobbin tension and tighten the upper tension. The tighter the top the bigger the loop you will have being pulled up from the bobbin. Needle 90/14, top thread water soluble or polyester thread in contrasting color to bobbin. Bobbin thread, any decorative thread.

Cut a piece of fabric and tear-away stabilizer large enough to fit into a machine embroidery hoop. Using the hoop assists to control fabric distortion while creating the loops. Draw a shape on the fabric and place the fabric and stabilizer in the hoop. Begin stitching in a small circular motion or change directions often. This brings the thread to the top. Continue the circular motion until you have the density of loops you want. Remove the fabric from the hoop and turn it over. Fuse a piece of muslin to the back of the design. Turn back over and remove the top thread from the loops with a seam ripper or dissolve in water if using a water soluble thread.

If the upper thread begins to break, loosen the top tension a bit and loosen the bobbin tension a little more. Don't be afraid to play with your tension because this is what helps create different thread affects. Always use a practice piece to get the tension correct before starting on a project. ~Jan Davies



## A Taste of Quilting in Misawa, Japan

By Jill Therriault

When I applied to be part of the Sister City Delegation to travel to Misawa, Japan, in August 2013, I had an ulterior motive. I hoped I would be able to connect with at least one Japanese quilter and maybe have the privilege of visiting her sewing studio. The rest of the trip was a big bonus; a whirl wind of tourist attractions, subways, bullet trains, natural hot springs bathing pools, Air Force base tours, cultural experiences galore and more sushi and raw fish than I ever thought I would eat, but I did!

I had attempted to contact some Japanese quilters before I left but kept reaching dead ends, so as I departed from the states I had no plans or avenues to accomplish my goal. But as my "free" day approached, my host family told me that they too, had been unable to make any connections with local quilters. They said we would visit a local Loom Rental Warehouse and a Vintage Kimono store that also served the most beautiful Bento Box lunch I have ever seen.

Then at the last minute a local "Patchwork" Store owner called my host wife, Reiri (pronounced Lady), and told her she was holding a casual class at her shop and I was welcome to visit. I think they did not understand why I would be interested to see their work and space. They are very humble with a competitive edge. But I jumped at the chance. I took the photo book I had made for my host family which included some family photos and lots of pictures of my quilts. I was only able to bring a very small project of English Paper Piecing Hexagons to share, but they seemed genuinely interesting in my meager accomplishments.

I cannot describe in short terms the simple, understated, elegant beauty of the shop and their quilts! Five women warmly welcomed me into their gathering and for two hours with very little English spoken we had the Show and Tell of the year. Each gal had 3-4 quilts to share (they had a "heads up" that I was coming) and each one rivaled the last. All of their quilts were completely hand constructed and no detail was left out. I was inspired to think beyond just finishing. The embellishing I saw was the frosting on the cake, though the quilt would have been complete without it, but they just went that extra mile. Patience and excellence were in abundance.

That day, my dreams came true. I met Japanese quilters; we spoke the language of quilts together, shared our love of the craft with no judgment and left with new ideas and inspiration. This precious art form of our's is so universal I could have spent the day with no need for words.



# Quilters Anonymous.org

## "Our Wild Quilt Garden"

### Over 500 Quilts-Evergreen State Fairgrounds

As a benefit of Guild membership, the Guild is sponsoring a bus trip to the Monroe quilt show this spring. If it is successful, there are plans to include trips to other shows in the future. We are taking sign-ups, along with your \$40 starting in November. Contact Lenora Branstetter or Linda Riesterer to sign up. Please read the rules and expectations for the trip:

#### Monroe Quilt Show Trip

**Date:** Saturday, March 15, 2014

**Times:** Bus departs JC Penney lot promptly at 7:00 a.m. Bus leaves Monroe promptly at 4:00 p.m. and arrives back in Wenatchee at approximately 6:30 p.m.

**Cost:** \$40 includes entrance fee for the show, a morning snack on the bus and bottled water.

#### Itinerary:

- Arrive at the show by 10:00 a.m. (We'll stop at a rest stop along the way for leg stretching.)
- Explore the show, visit the vendors
- On your own for lunch at the show; they have a nice choice of salads and sandwiches
- Board the bus for our return trip at 4:00 p.m. (We'll stop at a rest stop again for leg stretching.) We will not make a dinner stop, so bring a snack if you think you can't make it home without eating.

Payment in full due at the time reservation is made. 50% refund up to 45 days prior to the event. Within the 45-day window, a refund is only available if we are able to fill your seat. No refund 14 days before the event.

This trip is a benefit of Guild membership and is therefore open only to Guild members. If there are still seats available 2 weeks before the trip, sign-up will be opened to non-members. This is a Kid Free Zone.



Pat Lannoye told me about a neat web site for Quilters to check out: [www.quiltboard.com](http://www.quiltboard.com)  
While there I discovered this fun little wall hanging The Grim Ripper 9"x12" by Terry Chilko  
(Is October over already?) for the free pattern go to:  
[www.fonsandporter.com/content\\_downloads/Final\\_Grim\\_Ripper\\_pattern\\_instructions.pdf](http://www.fonsandporter.com/content_downloads/Final_Grim_Ripper_pattern_instructions.pdf)

I read this on Quilt Board: "Asking a Seamstress to mend is like asking Picasso to paint your garage."



### Quilt Trail Corner



Jan Tollesons' husband Gene is from Iowa, and you can see this beautiful Iowa Star on their garage as you drive up North Road in Leavenworth. I love the roses climbing the trellis!

**These quilt blocks are all 4' x 4'**

Linda Riesterer painted four Log Cabins and a Floral Wreath for her Barns. Isn't it wonderful how they light up the red barn walls? Pitcher Canyon, Wenatchee





# Comfort Quilts

We need more quilts themed for men (colors, designs) than women. The Palliative Care quilts need to be approx 45x60, give or take an inch or two...not much bigger. It would also be nice to have a few more quilts suitable for auction/raffle for the community needs. We should also be hearing from the State Patrol for the Chief for a Day Program quilts. Hopefully we have what we need for this year's kids. Lap sized quilts or couch throw quilts are a good size for giving. ~Debra Egan

## October Sew Night

About 35 Members gathered to sew Comfort Quilts Wednesday night. There are kits available to take home, sew the top and return, let another member tie and bind. We have the Back and Batting. Pictured: Ann Baye prepares a layered quilt. Rose Butler and Dee Lopez use the tabletop basting trick.

September 4, 2013



Dear Quilt Guild Members,

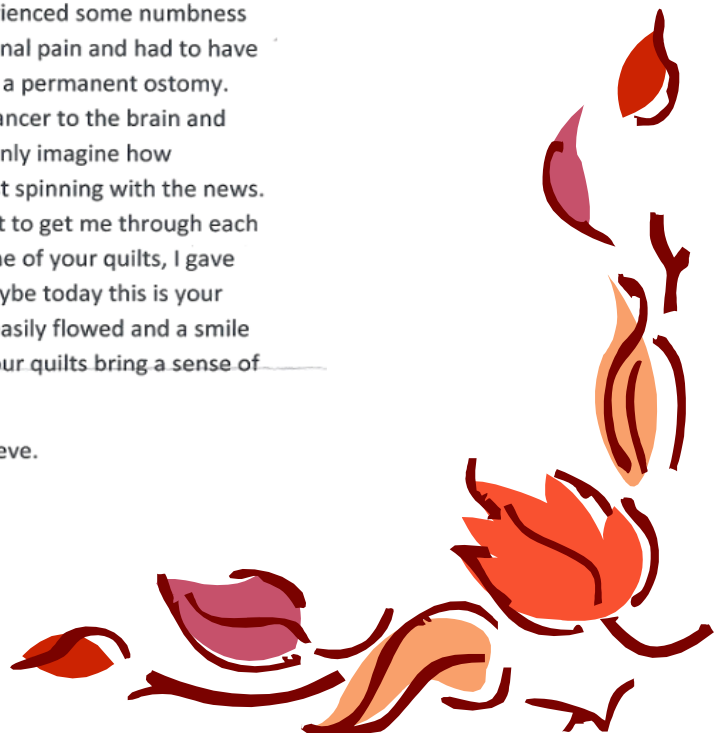
I can't thank you enough for your kind generosity and gifts of the spirit that you bring to our palliative care patients. To see them light up when they are given the quilt and then humbly and quietly say, "Is this for me?" They are literally overwhelmed and I am forever grateful to all of you. It is also a gift for me as it is a time when we don't have to talk so seriously about their illness but rather demonstrate kindness and compassion through the work of talented hands.

The past two days, I have been meeting with a 63 year old lady who was working locally up until two weeks ago. While at work, she experienced some numbness in her right arm. Soon after, she also had severe abdominal pain and had to have emergency surgery for a bowel obstruction and now has a permanent ostomy. On top of all of this, she found to have metastatic lung cancer to the brain and that was the cause of her arm being numb. As you can only imagine how distraught and overwhelm she is and how her head is just spinning with the news. She kept saying yesterday, "I just have to find a little light to get me through each day, but right now I just can't." When I presented her one of your quilts, I gave her a hug and quietly whispered in her ear and said, "maybe today this is your little bit of light to get you through today." Many tears easily flowed and a smile crept across her sullen face. She was so very grateful. Your quilts bring a sense of security when life feels and is very chaotic for a person.

Enclosed is also a personal thank you from patient, I believe.

Take care and thank you again for all you do!

Ginny Heintz



## Fire Proofing Quilts for Public Spaces

By Kathy Baker

For five years now I have been working at Cascade Medical Center in Leavenworth, and I have been allowed to hang quilts in various departments. The staff lunch room and the Nursing staff break room, restrooms, Mammography department, Housekeeping, the ER waiting room all have/had quilts grace the walls. After a recent fire inspection I learned about the Life Safety Code 10.2.4 regarding Textile Wall and Ceiling Materials. Quilts hanging in a Hospital hallway or Public area must be Fire Proofed. I found an approved Fire Retardant at [www.dharmatrading.com](http://www.dharmatrading.com) called Safe-T-Guard. I decided to test this product on a quilt that hangs in the ER waiting room Fern View 50"x60". I bought a quart spray



bottle (\$23.56) and used about two cups of the retardant, spraying both sides, (outside on a calm, dry day.) Safe-T-guard is only good on natural fibers, dries clear and I couldn't detect an odor. Those of you who volunteer at quilt shows to help fold curtains will recognize the feeling you get after handling fire proofed fabric. I always wondered what that chemical was. Unfortunately the MSDS sheet does not say the ingredients. The only health hazards listed are if you ingest the product. The product is water-based so the textiles should be dry cleaned (up to 3 times). I recommend

Safe-T-Guard if you're hanging quilts. Just be careful with art quilts that contain synthetics or markers-test the product first.

I love to see quilts hanging in public places, but there have been serious life threatening fires in hospitals and nursing homes, and this has prompted such strict regulation.

Let's keep everyone safe.

## NCW Services

### Local Sewing Shops

The Attic Window Quilt Shoppe, 4 S. Wenatchee Ave., Wenatchee, 509-888-2006  
www.theatticwindowquiltshoppe.com. Mon-Fri 9:00-5:30, Sat. 9:00-5:00, closed Sunday.

Andrew's Sew and Vac, 731 N. Chelan Ave, Wenatchee 509-662-8627.  
Sales and Professional Repair of Sewing Machines, Accessories, Supplies, Batting, Classes.

### Machine Quilting

Nancy's Custom Longarm Quilting and Machine Rental-Nancy Freese 509-548-2183.  
Custom quilting available or you can quilt by renting the longarm machine. Batting available.

"Stitching in Heels" Jill Therriault P.O. Box 3012 Bismarck, ND 58502 509-670-5318  
Basic, Custom and Heirloom Quilting. <jilltherriault@gmail.com>

Patchwork, Etc. Longarm Machine Quilting. Pat Lannoye 509-662-7349,  
Custom, Pantographs, Binding and Basting. Batting available.

Topping It Off-Lynn Reppas 206-390-1685. Overall freehand machine quilting, batting  
provided. Located in Leavenworth, will pick up and deliver to Wenatchee.

Sandy's Machine Quilting, Etc. 509-886-8146 Basic and Custom Quilting-Batting available.

**Ad space is \$25/ year for two lines of type in our quarterly newsletter and online at  
www.ncwquilt.org. Please contact Kathy Baker 509-548-6051 to place an Ad.**



This year, in addition to accepting stockings and pillowcases for the kids in CASA, The Attic Window Quilt Shoppe has a **CASA Giving Tree quilt** with presents underneath. Each quilted present has pockets for gift cards, in the hope that people in the Wenatchee Valley will purchase gift cards for the older kids in the foster care system.

**Ideas for the gift cards: Target, Wal-Mart, Sun Basin Theaters, Shopko, Hastings, Fast food restaurants, Pizza places, Clothing stores.**

The dollar amount doesn't have to be large--we want to give the kids a chance to buy something they want.

Please bring the gift cards to The Attic Window Quilt Shoppe by the first week of December. And don't forget the pillowcases and Christmas stockings.



**North Central Washington Quilt Guild  
P.O. Box 2715  
Wenatchee, WA 98807-2715**

**The NCWQ Guild Newsletter is Published four times a year: January, April, August, November**

**Next Deadline for articles: January 3, 2014**

### **Guild Meeting Location**

**The Quilt Guild meetings are held at the Masonic Center, 811 N. Chelan Ave, Wenatchee**

**Social starts at 6:00pm, meeting at 6:30 pm**

**Next Board Meeting: January 7, 2014 6:00 pm**

**At Andrews' Sew and Vac**

**Our web address: [www.newquilt.org](http://www.newquilt.org)**

**Our Guild Library is at Andrew's Sew n Vac  
731 N. Chelan Ave, Wenatchee**